



PROGRAM BUDAYA & WARISAN (CULTURE AND HERITAGE)

Program Details

- Synopsis** : Program Budaya & Warisan is an experiential learning programme aimed at developing and giving the students a higher understanding and appreciation of the Malay culture, heritage and traditions.
- Overview** : The programme allows the students to experience and learn the various aspects of the Malay culture, heritage and traditions, among others, the Kampong Games, Handicrafts, Music, Drama, Dikir Barat, Silat, Batik, Traditional Food, Wayang Kulit, Kuda Kepang, Puisi, Pantun, Peribahasa, Tok Selampit Stories, etc, from the various workshops that can be made available to them throughout the programme. Can be conducted inside or outside the school premises, the program is essentially action-based and filled with hands-on activities for the students.
- Program Objectives** :
1. To allow all the students to learn the Malay culture, heritage and traditions through practical and interactive activities.
 2. To create an interest in and appreciation of the Malay culture, heritage and traditions.
 3. Understand better and acquire relevant skills.
 4. Demonstrate a higher appreciation of the Malay culture, heritage and traditions.
- Learning Objectives** :
1. Identify and understand the different cultural and heritage aspects.
 2. Understand better and acquire relevant skills in the different culture.
 3. Demonstrate a higher appreciation of the Malay culture, heritage and language.
- Target Group** : For all level of students
- Group Size** : Up to 100 students per run
- Duration** : 3 – 6 hours
- Facilitators** : At least 6 to 8 facilitators who are industry practitioners.
- Logistics** :
1. Rooms / Venues, Flipcharts, Writing Materials, Projector, Mics
 2. External Venue / Transport / Food (for lunch) – *if required*
- Fee** :
1. 3 hours Program (up to 3 activities) - SGD 1,500.00 per run.
 2. 6 hours Program (up to 5 activities) - SGD 2,800.00 per run.
- (fees are not inclusive of costs for external venue, transport and food)
- Highlights** :
1. Students' performance at the end of program.
 2. Lunch serving of Nasi Ambeng, a traditional Malay kampong dish of Javanese ethnic origin. Served in a tray, eating the dish in groups, emphasizes the spirit of considerations and cooperation's amongst neighbours in the olden days.*
- *(applicable for program with lunch order of Nasi Ambeng only)

Examples of Activities : **Activity 1 – G.O.L.D. Games (Traditional Games)**

Traditional games are a significant part of our cultural heritage. They reflect the ingenuity and resourcefulness of our forefathers in creating their own games by using inexpensive materials for their pastimes and recreation. With modernization, we lose some of our socio-cultural heritage due to economic, social and environmental changes such as the disappearance of closely-knit kampongs and villages have led to the demise of some of our traditional games. Though simple, these games have cultural and social value as they encouraged children to exercise their ingenuity and help develop their social skills, especially in fostering team spirit in school and in the neighbourhood.

For this activity, students will be exposed to at least 2 types of traditional games such as the “Bola Lobang” and “Ketuk Ayam”, also known as “Konda Kondi”.

Logistics :

Wide open spaces such as court, field or hall is required for the conduct of the activities. Indoor venues would be much preferred due to the current rainy weather.

Activity 2 – Traditional Handicrafts

The Malays take much pride in their traditional handicrafts, an art that is passed down from generation to generation since hundreds of years ago. What is unique about the handicraft is the design, which seems to stand the test of time. It has only undergone minimal modifications throughout the years. Traditional crafts are being increasingly swept away by the wave of modernity. Thus, something needs to be done to ensure it is around to be passed down to the next generation.

For this activity, students will be introduced to the art of traditional handicrafts of weaving or batik printing. At the end of the activity, the students will have the opportunity to produce simple handicrafts (miniature version) such as tikar, bakul, tudung saji, kelongsong ketupat, various batik motifs etc. that can be used as exhibits for related school’s events or simply for them to bring it home as a keepsake.

Logistics : Training room (big enough for all participants). Tables and chairs are not necessary. Preferably, the room is equipped with air-conditioning system. In addition, several materials & props (prepared by vendor) will also be used

Activity 3 - Teraju

In this activity, the facilitators will share with the students the background information on the history and cultural aspects of wau / layang-layang, the similarities and differences between the two in terms of shapes, designs, materials used etc. This is followed by the introduction of the general idea of what it is and what it does to the wau / layang-layang. How important it can be to a person or to things like the wau or layang-layang, as in the Malay peribahasa of *wau putus teraju* or *laksana layang-layang tersalah teraju*. This is followed by an experiential challenge, where the students will have the opportunity to learn and understand more about wau/layang-layang, what makes them tick, i.e. able to fly, and eventually, making a home made kite, flying them as in the kampong days (depending on time and weather) and bringing the kites home as mementos. A sure unforgettable experience for all!

Logistics :

Wide open spaces such as court, field or hall is required for the conduct of the activities.

Activity 4 - Gema Gendang (Traditional Music & Percussions)

Introduce students to the main Malay traditional percussion instruments such as the kompang, marwas, darbuka, rebana dondang, rebana dikir (ibu dan anak), jidur and gendang sunda as well as the accompanying percussion instruments which include maracas, tambourine, kopak-kopak, canang, gong etc. During the activity, students will first be given an overview of what are the main and accompanying Malay traditional percussion instruments - their origin, characteristics, methods of playing etc. The students will also be introduced to the various forms of Malay traditional music genres such as asli, inang, joget, zapin dan masri. This is followed by a demo of each and every percussion instrument by the facilitators. Towards the end of the session, students will have a hands-on experience of playing the various percussion instruments, as they will be given the opportunity to play simple beats, guided by the facilitators.

Logistics : Training / music / drama room (big enough for all participants). Tables and chairs are not necessary. Preferably, the room is equipped with air-conditioning system.

Activity 5 – Pintu Pantun

Pantun or Poetry, is cool — and a lot of fun! In this activity, the students will be exposed to various approaches – mostly fun – in composing poetry, workshop style. During the workshop, the students will take part in various interactive activities, which include reciting example poetry, a short discussion about poetry, fun games and exercises in poetry-writing, performance skills and imagination, and then forming the class into small poetry-writing groups. At the end of the activity, all the groups come together and perform their poems to each other, in various forms, such as singing, reciting, acting etc.

Logistics : Training / music / drama room (big enough for all participants), with internet accessibility, projector and visualiser. Tables and chairs are not necessary. Preferably, the room is equipped with air-conditioning system.

Activity 6 – Kebun Peribahasa

Malay Peribahasa or proverb, conveyed many moral messages, valuable advises, ethical guidance, and exemplary behaviors. Those expressions usually serve as means for education purposes and teaching process. During this activity, the students will be given a challenge ala treasure hunt where they will have to identify the correct proverbs at various checkpoints. Going through a trail, the students will discover that some of these proverbs are all around them. From using their 5 senses to engaging them in simulated activities, it makes the learning and understanding of the age old art of Malay proverbs a delightful experience for all.

Logistics : School's surrounding area (selected identified areas) will be used for this activity. In addition, several props (prepared by vendor) will also be used.

Activity 7 – Wayang Kulit

For centuries, the art of Wayang Kulit (traditional shadow puppets) has become an inseparable part of the lives of the people of South East Asia, especially, on the islands of Java and Bali. It is a form of traditional theatre is arguably the most well known Malay/Indonesian wayang performance. In the local context, wayang kulit often features legendary Malay characters, and historical figures such as Sang Nila Utama, Hang Nadim, and Hang Tuah. For this activity, students will be introduced to the wayang kulit performance and learn the intricate process in making a wayang kulit - the meticulously made puppets, made of cow's skin, chiseled with very fine tools, and of course, what goes into the staging of a wayang kulit show.

Logistics : Training / music / drama room (big enough for all participants). Tables and chairs are not necessary. Preferably, the room is equipped with air-conditioning system. In addition, several materials & props (prepared by vendor) will also be used.

Activity 8 – Tanjak (Traditional Headgear)

The Malays take much pride in their traditional costume such as the Tanjak (headgear), an art that is passed down from generation to generation since hundreds of years ago. What is unique about the headgear is the design, which seems to stand the test of time. It has only undergone minimal modifications throughout the years. Traditional crafts are being increasingly swept away by the wave of modernity. Thus, something needs to be done to ensure it is around to be passed down to the next generation.

For this activity, students will be introduced to the art of traditional headgear. From demonstrations shown, students will be exposed to different ways of using long pieces of cloth to tie them into tanjak, depending on status.

Logistics : Training room (big enough for all participants). Tables and chairs are not necessary. Preferably, the room is equipped with air-conditioning system. In addition, several materials & props (prepared by vendor) will also be used.

Activity 9 – D' Ambeng Klasik

Lunch serving of Nasi Ambeng, a traditional Malay kampung dish of Javanese ethnic origin. While eating, students will be given a background of the different dishes found in the nasi ambeng, when, why and how nasi ambeng is eaten. For instance, served in a tray, eating the dish in groups, emphasizes the spirit of considerations and cooperation's amongst neighbours in the olden days. All these, while being entertained with live traditional Malay music in a form of a quartet.

Logistics : Training / music / drama room (big enough for all participants). Tables and chairs are not necessary. Preferably, the room is equipped with air-conditioning system.

About NUDA

NUDA was established to develop the rich Malay heritage, in particular its language, culture and performing arts forms. NUDA organises programs that aim to provide its participants, mainly students, with the opportunities to develop their creativity to express themselves and learn to participate in a group.

NUDA provides quality language and arts programs for students from primary to secondary schools. Each of NUDA's programs is unique. NUDA's strong believes in customizing the programs to cater to the needs of the schools and fusing the language elements with the performance arts are hallmarks of NUDA's programs, making them unique. The programs are carefully designed to enable students to succeed in all areas of development and to promote within each learner a sense of accomplishment, confidence and a positive self-image.

NUDA's workshops and programs for schools are conducted by qualified trainers and facilitators. Led by its Creative Director and Master Facilitator, CG Karmin Abbas, NUDA's trainers and facilitators believe strongly that motivation remains the basis of success for someone who wants to be good in what he or she does, be it the language, arts, sports etc.

Do contact us at +65 97326419 or +65 82478240, or +65 97249340 should you need further clarification.

Warmest Regards,



Mohd Shahbudin Bin Saad
Director
NUDA Pte Ltd

ACCEPTANCE

We agree to accept the details of the program and officially awarding this contract to NUDA Pte Ltd to conduct the program.

Name of Authorised Officer &
Designation

Signature of Authorised Officer &
School Stamp